

Robert Smyth Academy Curriculum Map

PSHE

KEY
STAGE 3

Y7

AUTUMN

HT1 – Understanding Myself – Wellbeing – Emotions, Mental Strength and Physical Health
HT2 – Understanding Myself – Wellbeing – Drugs, Alcohol, Tobacco and Vaping. Life saving skills & Puberty

SPRING

HT1 – Understanding Myself with others – Healthy Relationships – Identify healthy & unhealthy, Maintaining positive relationships, Pressure & boundaries, Bullying, Harrassment
HT2 – Understanding Myself within the world – Identity & Community – Identities, Community, Rights and Discrimination

SUMMER

HT1 – Understanding Myself within the world – Digital Lives – Online Wellbeing, Online Sharing, Online Influence, Data Money and Misinformation
Identities, Community, Rights and Discrimination
HT2 – Understanding Myself within the world – Aspiration & Money – Careers & Aspiration & Year 7 Career Day

Y8

HT1 – Understanding Myself – Wellbeing – Emotions, Mental Strength and Physical Health
HT2 – Understanding Myself – Healthy Choices and My Body & Me – Drugs, Alcohol and Safety, Puberty, Body Image, Female & Male Health

HT1 – Understanding Myself with others – Healthy Relationships – Identify healthy & unhealthy, Maintaining positive relationships, Pressure & boundaries, and Bullying
HT2 – Understanding Myself with others – Healthy Romantic Relationships – Romantic Relationships, Online influence, Harassment

HT1 – Understanding Myself within the world – Identity & Community – Identities, Community, Rights and Discrimination
HT1 – Understanding Myself within the world – Aspiration & Money – Personal Finances and World Of Work Year 8 Career Day
HT2 – Understanding Myself within the world – Digital Lives – Online Wellbeing, Online Sharing, Online Influence, Data Money and Misinformation

Y9

HT1 – Understanding Myself – Wellbeing & Healthy Choices – Emotions, Mental Strength and Physical Health. Drugs, Safety, Gangs & Exploitation
HT2 – Understanding Myself – My Body & Me – Body Image, Female & Male Health & Contraception
HT2 – Understanding Myself within the world – Aspiration & Money – Careers & Aspiration & Year 9 Career Day

HT1 – Understanding Myself with others – Healthy Relationships – Identify healthy & unhealthy, Pressure & boundaries, and Separation & Grief
HT1&2 – Understanding Myself with others – Healthy Romantic & Intimate Relationships – Romantic/Intimate Relationships, Online influence, Harassment & Abuse
HT2 – Understanding Myself within the world – Aspiration & Money – Personal Finances

HT1 – Understanding Myself within the world – Identity & Community – Identities, Community, Rights and Discrimination
HT2 – Understanding Myself within the world – Digital Lives – Online Wellbeing, Online Sharing, Online Influence, Data Money and Misinformation
HT2 – Understanding Myself within the world – Aspiration & Money – Careers & Aspiration, Year 10 Work Experience & Year 10 Career Day

KEY
STAGE 4

Y10

AUTUMN

HT1 – Understanding Myself – Wellbeing & Healthy Choices – Emotions, Mental Strength and Physical Health. Drugs, Safety, Gangs & Exploitation
HT2 – Understanding Myself – Healthy Choices & My Body & Me – Life Saving Skills, Body Image, Reproductive Health, Contraception
HT2 – Understanding Myself with others – Healthy Relationships – Maintaining positive relationships and Pressure & boundaries

SPRING

HT1&2 – Understanding Myself with others – Healthy Romantic & Intimate Relationships – Romantic/Intimate Relationships, Online influence, Harassment & Abuse
HT2 – Understanding Myself within the world – Identity & Community – Identities, Belonging & Community

SUMMER

HT1 – Understanding Myself within the world – Identity & Community – Rights and Discrimination
HT2 – Understanding Myself within the world – Digital Lives – Online Wellbeing, Online Sharing, Online Influence, Data Money and Misinformation
HT2 – Understanding Myself within the world – Aspiration & Money – Careers & Aspiration, Year 10 Work Experience & Year 10 Career Day

Y11

HT1 – Understanding Myself – Wellbeing, Healthy Choices & My Body & Me – Emotions, Mental Strength, Drugs, Safety & Exploitation, Body Image, Male & Female Health and Parenting
HT1 – Understanding Myself within the world – Aspiration & Money – Careers & Aspiration, World Of Work & Personal Finances. Year 11 Career Day
HT2 – Understanding Myself – My Body & Me – Reproductive Health, Looking after our health and Sexual Health
HT2 – Understanding Myself with others – Healthy Relationships – Identify healthy & unhealthy Maintain positive relationships and Separation & Grief

HT1&2 – Understanding Myself with others – Healthy Romantic & Intimate Relationships – Romantic/Intimate Relationships, Online influence, Harassment & Abuse
HT2 – Understanding Myself within the world – Identity & Community – Identities, Community, Rights and Discrimination

HT1 – Understanding Myself within the world – Digital Lives – Online Wellbeing, Online Influence, Data Money and Misinformation

Robert Smyth Academy

Curriculum Map

PSHE

KEY
STAGE

5

Y12

Y13

AUTUMN

SPRING

SUMMER

Study skills inc soft skills
Community involvement
Managing wellbeing
Healthy relationships
Target setting
Revision strategies

Risk taking including
drugs
Religious prejudice
Inclusivity
Democracy
Financial literacy

Emotional wellbeing
Post-18 investigations
Road safety
Questions of faith

Post-18 applications
Resilience
Democracy
British identity
Healthy relationships

Post-18 preparation
Financial literacy
Online safety and reputation
Healthy eating

Living independently
Revision skills
Managing stress