

Robert Smyth Academy

Curriculum Map

RSHE

**KEY
STAGE 3**

Y7

AUTUMN

Transition into RSA
Acceptance of diversity and our identity. Tackling bullying
Personal Safety - including roads, fireworks, first aid, online safety & mental health

SPRING

Respectful Relationships – family relationships, marriage and forced marriage
Personal Hygiene & Puberty – Importance of hygiene and the physical and mental changes during puberty

SUMMER

Developing skills – Careers, stereotyping
Financial Literacy – Budgeting, financial choices

Y8

Building Relationships
(Un)Healthy relationships, tolerance, peer groups, romantic online and consent
Digital Literacy – Gambling, Grooming, Bias, AI

Emotional Wellbeing – Mental health & Coping strategies
Identity & Relationships Gender identity, media and sex, contraception

Health – Drugs, alcohol, smoking (vaping)
Community & Careers – Types of work, discrimination

Y9

Discrimination – All forms of discrimination and ways to tackle it
Peer Influence – Drugs, Alcohol, Gangs & Knives

Intimate relationships – Developing readiness for sex & consent
Healthy Lifestyle – Sleep, mental fitness, puberty

Careers – Goal setting, employability skills, Online branding, AI

**KEY
STAGE 4**

Y10

Extremism & Radicalisation – Misinformation, discrimination, Misogyny
Exploring Influence – Gangs, Drugs & Addiction

Healthy Relationships – Abuse, Violence, Consent, Online relationships
Mental Health – Wellbeing, Body image, Grief

Financial decision making – budgeting, financial decisions, gambling
Work Experience – Responsibilities, Health & Safety, Evaluate work experience

Y11

Post-16 options - Opportunities, Applications, Stereotyping
Communication in Relationships – Diversity, Stereotypes, communication, consent

Health – Emergencies, Vaccines, Cosmetic surgery, Organ Donation
Families – Parenthood, Fertility, Forced Marriage

Building for the future – Stress management, ambitions and expectations (Stereotypes)

**KEY
STAGE 5**

Y12

Study skills inc soft skills
Community involvement
Managing wellbeing
Healthy relationships
Target setting
Revision strategies

Risk taking including drugs
Religious prejudice
Inclusivity
Democracy
Financial literacy

Emotional wellbeing
Post-18 investigations
Road safety
Questions of faith

Y13

Post-18 applications
Resilience
Democracy
British identity
Healthy relationships

Post-18 preparation
Financial literacy
Online safety and reputation
Healthy eating

Living independently
Revision skills
Managing stress