

Family Thrive for Parents and Carers

A six-week course to introduce you to the fundamentals of Thrive and how it works in practice

Come on this course to find out about:

- the Thrive Approach
- how our brains develop
- how your right brain talks to your left brain!
- why play and creativity are so important to you and your child
- how to support your child at times of change and difficulty
- everyday trigger times and how to keep calm
- how to be a behaviour detective.



To book your place or find out more:

The course is run by a Thrive-approved course leader who is an experienced licensed practitioner. It is suitable for you if your child attends a setting that embraces a whole setting approach to Thrive. To book your place or to find out more, please contact:

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