



Robert Smyth Academy

Dear Families,

Young Carers Action Day

This week, we marked Young Carers Action Day, a national moment of recognition for the incredible young people who take on caring responsibilities at home. We are very proud of the young carers within our community who balance school life with maturity, resilience, and compassion far beyond their years. Their contribution to both their families and our wider school community reflects the very best of who we are.

Young carers often complete tasks and support roles that many adults would find challenging, such as helping with personal care, managing household responsibilities, providing emotional support, monitoring medication, or supporting someone with a physical or mental illness or disability. These responsibilities can have a profound impact on their day-to-day lives, including their wellbeing, their school experience, and their opportunities outside of education.

Despite these challenges, our young carers consistently demonstrate our school values in action:

- **Respect:** through the empathy, patience, and dignity they show every day in caring for others.
- **Succeed:** through their determination to manage responsibilities while working hard in school.
- **Aspire:** through their strength, ambition, and belief that their circumstances will not limit their future.

Tribute

We also want to take this opportunity to recognise the exceptional work of **Mrs Alden**, our Young Carer Champion, whose dedication ensures our young carers feel supported, understood, and valued. She provides guidance, advocacy, a listening ear, and safe spaces for students who often carry invisible responsibilities. Her commitment reflects the care and compassion at the heart of our school.

If you would like more information or feel a student may be a young carer in need of support, please contact: office@robertsmyth.tgacademy.org.uk.

As a school, we remain committed to raising awareness, removing barriers, and ensuring that all our young carers can learn, grow, and thrive. We are inspired by their strength, proud of their contribution, and determined to support their success every step of the way.

Thank you for joining us in recognising and celebrating these exceptional young people.

Yours sincerely,

D Cleary
Principal



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